

METROPOLITAN COLLEGIATE SWIMMING & DIVING CONFERENCE CHAMPIONSHIP MEET RECORDS

MEN

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>	<u>YEAR</u>
50 FREE	Ben Michaelson	SCSU	19.40	2/20/03
100 FREE	Ben Michaelson	SCSU	43.34	2/23/03
200 FREE	Mike Vernoia	TCNJ	1:37.89	2/21/09
500 FREE	Mike Vernoia	TCNJ	4:30.22	2/20/09
1650 FREE	Matt Sorena	SCSU	15:56.42	2/19/06
100 FLY	Ben Michaelson	SCSU	45.80	2/21/00
200 FLY	Ben Michaelson	SCSU	1:46.99	2/20/02
100 BACK	Tom Nawrot	TCNJ	50.51	2/21/09
200 BACK	Ben Prue	SCSU	1:49.31	2/24/08
100 BREAST	Pavel Buyanov	Staten Island	55.20	2/21/09
200 BREAST	Pavel Buyanov	Staten Island	2:01.75	2/22/09
200 IM	Ben Michaelson	SCSU	1:50.12	2/8/01
400 IM	Ryan Brauer	St. Rose	4:02.01	2/21/09
200 FREE RELAY	T. Nawrot	TCNJ	1:22.29	2/20/09
	K. Cain			
	R. Clark			
	S. Kircher			
400 FREE RELAY	T. Nawrot	TCNJ	3:02.33	2/22/09
	M. Vernoia			
	T. Medvecky			
	S. Kircher			
800 FREE RELAY	A. Rocheleau	SCSU	6:45.34	2/21/09
	M. Cozzi			
	J. Frey			
	M. Nesrala			
200 MEDLEY RELAY	T. Nawrot	TCNJ	1:31.12	2/21/09
	M. O'Connor			
	T. Medvecky			
	S. Kircher			
400 MEDLEY RELAY	T. Nawrot	TCNJ	3:19.83	2/20/09
	M. O'Connor			
	T. Medvecky			
	M. Vernoia			

Updated 9/9/10

