

2011 Metropolitan Diving Information

All Divers must register on Divemeets.com and enter dive sheets for events by Thursday, February 17th at 12 Noon. A follow email of directions on how to use divemeets.com will follow.

**Friday: Warm-up Starts when swimming is done in Diving Well Pool.
Feb. 18th**

Event #1 & 2: 2pm Simultaneous Prelim Events

**Men 1 Meter: Preliminaries:
6 optionals followed by 5 Voluntaries**

**Women 3 Meter: Preliminaries:
6 optionals followed by 5 Voluntaries**

Friday Evening: Simultaneous Finals

Men 1 Meter: Top 8 Divers—6 optionals

Women 3 Meter: Top 8 Divers—6 optionals

Saturday: Warm-up Starts when swimming is done in Diving Well Pool.

Feb. 19th

Event #3 & 4: 2pm Simultaneous Events

Women 1 Meter: Preliminaries: 6 optionals

Men 3 Meter: Preliminaries: 6 optionals

Sunday: Warm-up Starts when swimming is done in Diving Well Pool.

Feb. 20th

Event #3 & 4: 2pm Simultaneous Events 2nd half of Prelims

Women 1 Meter: 5 Voluntaries

Men 3 Meter: 5 Voluntaries

Sunday Evening: Finals

Women 1 Meter: Top 8 6 optionals

Men 3 Meter: Top 8 6 optionals

All men and women will compete in 11 dives on both 1m and 3m and follow all NCAA rules.

Top 8 finalists will complete 6 dives at finals regardless of 30 minute timeline. The schedule will be as follows:

Friday Finals—Warm-up during the swim meet

- 200 IM
- Announce top 8 finalists
- 50 Free—divers: last jumps on board
- 30 minute diving showcase
- 400 Medley Relay

Sunday Finals—Warm-up during the swim meet

- 200 Breast
- Announce top 8 finalists
- 200 Fly—divers: last jumps on board
- 30 minute diving showcase
- 400 Free Relay